

# MARCIA NEWMAN, M.A., L.M.F.T.

## CURRICULUM VITA

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### PROFESSIONAL SUMMARY

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Marcia Newman brings over 35 years of experience as a clinician, supervisor, and clinical director working with clients of all ages in a variety of settings including private practice, national addiction treatment centers, corporations, hospitals and integrative clinics. A pioneer in the field of conscious aging, Marcia is the author of *Five Gifts of Pro-Aging: Honoring Maturity in a Culture That Could Use It*. Marcia is a former adjunct faculty member at Antioch University-Santa Barbara with the Graduate Clinical Psychology-Healthy Aging Concentration Program. Marcia is a professional speaker, podcaster contributor, media host, and advocate for the conscious aging movement which addresses personal and societal ageism and promotes affirmative aging attitudes and actions.

### PROFESSIONAL SPEAKER

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#### **Keynote Speaker Presentations include;**

UCLA (University of California-Los Angeles) – The Women’s Symposium  
Sponsored by the Betty Ford Center and Hazelden Betty Ford Foundation  
Los Angeles, California

The State of Washington - Co-Occurring Disorders and Treatment Conference  
Yakima Valley, Washington

Philanthropic Educational Opportunities (PEO)  
Westlake Village, California

Ladies Who Launch  
Ventura County, California

#### **Private Practice – Psychotherapist and Conscious Aging Consultant**

Based in Thousand Oaks, California

TeleHealth consultations offered worldwide

Working with Individuals & Couples (Adults)

Specializing in Life Transitions, Healthy Aging, Anxiety Reduction, Trauma Healing, & Addiction Recovery

*Currently and started Private Practice in 1986*

#### **Integrative Medical Practice – Clinician and Wellness Consultant**

Provided behavioral health care to patients of Edd Hanzelik, MD, John Horton, MD, and Anil Daya, MD  
Westlake Village, California

*2006 - 2014*

**Antioch University- Santa Barbara**

***Adjunct Faculty Professor: Graduate Clinical Psychology-Healthy Aging Concentration Program***

2016 - 2018

**Harmony Place / Valley Restoration Center (VRC) - Woodland Hills, California**

***Primary Therapist – Addiction & Co-occurring Disorders Specialist***

2016 – 2019

- Provided clinical consultation at various levels of treatment; Residential, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP)
- Provided clinical assessments, individual & family therapy and aftercare planning
- Facilitated therapy groups and psycho-educational groups within a multi-disciplinary treatment team

**Hazelden Betty Ford Foundation (HBFF) – Rancho Mirage & West Los Angeles, California**

***Consultant and Program Manager – Betty Ford Center in West Los Angeles***

2014 –2015

- Provided key management for the successful start-up and launch of the Betty Ford Center Outpatient Services in West Los Angeles
- Facilitated state of the art clinical mental health and counseling addiction services for patients and their families
- Provided administrative and clinical leadership to a multi-disciplinary team
- Facilitated educational groups & workshops on a variety of recovery-based principles
- Monitored quality treatment trends with assigned measures and improvement initiatives
- Provided operational decision making in alignment with HBFF's fiscal & strategic performance goals
- Exhibited enthusiasm and community leadership through outreach programs in conjunction with HBFF's mission, vision and values

**La Ventana Treatment Program - Thousand Oaks, California**

***Clinical Supervisor & Eating Disorder Specialist***

2012 –2014

- Provided clinical supervision for MFT Interns employed at La Ventana Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP) & Residential Treatments Centers in Thousand Oaks & Ventura, California
- Provided clinical assessments, maintained a caseload, facilitated multi-disciplinary treatment and aftercare planning
- Established consistent weekly contact with family members and referral sources
- Facilitated therapy groups and psycho-educational groups
- Assisted facilitation of family treatment weekends, alumni & community events

**Promises Residential Treatment Center - Malibu, CA**

***Primary Clinician***

2010

- Facilitated onsite addiction & dual diagnosis recovery groups
- Responsible for client assessments, treatment & discharge planning while working within an interdisciplinary team
- Facilitated family involvement with clients for Family Weekend Program
- Provided weekly communications with ongoing client referral sources
- Part-time position was eliminated because of changes within the Administration

**Alliance of Body and Mind, Inc. - Gainesville, Florida**

***President & Co-founder***

2000 –2006

- Co-Founder of an integrative healthcare clinic with Dr. James Barrass, D.C.
- Wellness Consulting to groups, families, couples and individuals
- Involved as an Employee Assistance Program (EAP) Consultant to Area Companies
- Former Florida Licensed Marriage & Family Therapist (LMFT#1862)
- Former Board Member of the North Central Florida Association of Marriage & Family Therapists

**Florida Recovery Center - Shands at Vista, University of Florida College of Medicine  
Gainesville, Florida**

***Substance Abuse & Dual Diagnosis Treatment - Clinical Therapist***

2004 - 2006

- Primary therapist in all levels of treatment; Inpatient & Detox, Partial Hospitalization Program (PHP), Impaired Professional Program (IPP), Intensive Outpatient Program (IOP) and Aftercare Groups.
- Worked with patients and their families within an interdisciplinary team model
- Provided therapeutic and educational activities utilizing individual sessions and group therapy.
- Responsible for assessments, treatment & discharge planning in accordance with JCAHO, ASAM and Hospital standards

**Beaver Dam Psychotherapy Center – Beaver Dam, Wisconsin**

***Clinic Director, Founder & Owner***

1989 – 2000

- Founded & directed a seven-member clinic; coordinated an integrative practice with a psychiatrist, psychologist, clinical social worker, professional counselor and two front office staff
- Provided psychotherapy and to couples, individuals, families and groups

Continued – Wisconsin Clinic

- Founded & operated an Employee Assistance Program (EAP) to Area Companies and County Facilities
- Seminar Facilitator for Personal Empowerment & Recovery topics
- Consultant for T.V. Health Series Channel 4-Milwaukee, WI
- Wisconsin Licensed Marriage & Family Therapist (LMFT# 421)
- Wisconsin Licensed Professional Counselor (LPC# 1851)

**Kettle Moraine Hospital - Addictions Center - Beaver Dam, Wisconsin**

***Family Therapy Program Coordinator & Family Therapist - Outpatient Clinic***

1988 – 1989

- Developed and implemented the Kettle Moraine Hospital Family Program (education and treatment of family and significant others involved with a chemically dependent person)
- Trained area physicians on addictive disorder treatment and the role of involving family members and the recovering community to increase success rates of treatment and long-term recovery

**The HOPE Institute- Residential Eating Disorder Treatment – Hollywood, California**

***Program Director - Clinical Services for Eating Disorders***

***Supervised by Dr. Judi Hollis, PhD., Author, International Lecturer & Consultant***

1986 – 1988

- Primary Care Therapist at the first Residential Treatment Center for Eating Disorders which drew patients and families from around the world.
- Expert Guest, Co-Host and Writer for the Los Angeles Cable T.V. Show: *The Addiction Network*
- Speaker & Educator on Eating Disorders & Mental Health in the Los Angeles Basin
- Published Article - *Alcoholism & Addiction Magazine*, May, 1988  
*Biting the Hand that Feeds You – Eating Disorders in the Workplace*

**PROFESSIONAL EDUCATION**

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**Pepperdine University – Malibu, California**

- M.A. in Clinical and Community Psychology with emphasis in Marriage & Family Therapy
- Graduated Magna Cum Laude

1984 - 1986

**University of Wisconsin - Oshkosh, Wisconsin**

- Bachelors of Science
- Double Major: Middle & Secondary Teacher Education  
Social Sciences / Sociology

1976 - 1980

## ADDITIONAL INTERESTS

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**Member and Advocate of CAMFT** – California Association of Marriage and Family Therapists

**Media Writer for *PremRawat.com* and *TimelessToday.tv***

Promoting Prem Rawat and his international efforts to bring a message of hope, happiness, and peace to all, one person at a time

Marcia enjoys humor, the ocean, swimming, hiking in nature, yoga, theatre & storytelling, and spending precious time with her husband, family and friends.

